

Bachelor of Physical Education & Sports B.P.E.S
B.P.E.S. (1st Semester)

Part-A Theory Courses				
Course Code	Title of the Papers	Marks Theory		Total marks
		External	Internal	
B.P.E.S.TC - 101	Hindi/ English (Optional)	40	20	60
B.P.E.S.TC- 102	Principles and History of Physical Education	40	20	60
B.P.E.S.TC -103	Foundations Of Physical Education	40	20	60
B.P.E.S.TC - 104	Olympic Study	40	20	60
	TOTAL	160	80	240
Part-B Practical Course				
Course Code	Activities	Marks [Practical]		Total marks
		External	Internal	
B.P.E.S.PC - 101	Games Specialization- (Any One) Kabaddi/ Kho-Kho/Badminton/ Table Tennis/ Tennis/ Squash/ Baseball/ Volleyball/Basketball/ Cricket/ football/ Handball/ Hockey/ Netball/ Softball, etc	40	20	60
B.P.E.S.PC - 102	Athletics:- Running events	40	20	60
B.P.E.S.PC - 103	Yoga (Asanas)	40	20	60
B.P.E.S.PC - 104	Swimming/Gymnastics(Ground)/Shooting (Any one)	40	20	60
B.P.E.S.PC - 105	Drill & Marching	40	20	60
	TOTAL	200	100	300


 Co-ordinator
 IQAC, Shri Ram College,
 Muzaffarnagar




 Principal
 Shri Ram College
 Muzaffarnagar